


Senior Activities November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p>
<p>4</p> <p>9:00 am Walking Video 1:00 pm Bridge</p>	<p>5</p> <p>Walker Building Closed</p> 	<p>6</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p>9:15 am - 3:15 pm Museum of Porcelain Art</p>	<p>7</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 12:00 Poker 1:45 pm Chair Volleyball @ Atrium</p> <p>5:45 - 11:00 pm Broadway Series – The Band's Visit</p>	<p>8</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p>Veterans Luncheon 12:00—1:30 pm</p>
<p>11</p> <p>9:00 am Walking Video 1:00 pm Bridge</p> <p>12:00 pm Thanksgiving Luncheon</p>	<p>12</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>13</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p>9:00 am - 3:00 pm Western Reserve Historical Society</p>	<p>14</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 12:00 Poker</p> <p>5:30 - 10:00 pm Packard Music Hall - Tribute to John Denver</p>	<p>15</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p>10:00 am Alzheimer's Association - Healthy Living for your Brain & Body</p>
<p>18</p> <p>9:00 am Walking Video 1:00 pm Bridge</p> <p>11:00 am - 2:00 pm Lunch Bunch - Mike's Place in Kent</p>	<p>19</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>20</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p>	<p>21</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 12:00 Poker</p>	<p>22</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p>9:30 am - 3:30 pm Christmas Connection @ IX Center</p>
<p>25</p> <p>9:00 am Walking Video 1:00 pm Bridge</p>	<p>26</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p> <p>6:00 - 11:00 pm Palace Theatre - White Christmas</p>	<p>27</p>	<p>28</p> <p>Walker Building Closed</p> 	<p>29</p> <p>Walker Building Closed</p>

Senior Activities December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>9:00 am Walking Video 2:00 pm Bridge</p> <p>11:00am - 2:00 pm Christmas Gift Exchange @ Glenwillow</p>	<p>3</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p> <p>8:30 am - 5:00 pm Christmas in Tara</p>	<p>4</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p>5:30 - 10:30 pm Packard Music Hall - Christmas Wonderland</p>	<p>5</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 12:00 pm Poker</p> <p>5:45 - 11:00 pm Broadway Series - Mean Girls</p>	<p>6</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p>9:00 am - 1:00 pm Cleveland Orchestra - Tchalikosky's Sleeping Beauty</p>
<p>9</p> <p>9:00 am Walking Video 2:00 pm Bridge</p> <p>10:00 am - 1:00 pm Christmas Gift Wrapping</p> <p>5:30 - 8:30 pm Progressive Light Tour</p>	<p>10</p> <p>12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p> <p>11:30 am - 2:00 pm Senior Christmas Party @ The Bertram Inn</p>	<p>11</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p>	<p>12</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 12:00 pm Poker</p> <p>1:30 - 7:00 pm Deck the Halls @ Stan Hywet</p>	<p>13</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p>9:00 am - 4:00 pm Castle Noel</p>
<p>16</p> <p>9:00 am Walking Video 2:00 pm Bridge</p> <p>12:00 pm Birthday Potluck/Bingo</p> <p>6:00 - 9:00 pm Christmas Light Tour</p>	<p>17</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>18</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p>	<p>19</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 12:00 pm Poker</p> <p>2:00 pm Trivia with Tara</p>	<p>20</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p>
<p>23</p> <p>9:00 am Walking Video 2:00 pm Bridge</p>	<p>24</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>25</p> 	<p>26</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 12:00 Poker</p>	<p>27</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p>
<p>30</p> <p>9:00 am Walking Video 2:00 pm Bridge</p>	<p>31</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 am Arthritis Foundation Exercise 1:00 pm Euchre</p>			