

# Senior Activities September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Walker Building Closed</p> 	<p>3</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>4</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg <b>12:00 pm Labor Day Picnic Sunny Lake Park</b></p>	<p>5</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 pm Poker 1:45 pm Chair Volleyball @ Atrium  <b>8:00 am - 3:00 pm Trolley Tour of Cleveland</b></p>	<p>6</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg  <b>9:30 am - 3:30 pm Maria's Sunflowers and Crocker Park</b></p>
<p>9</p> <p>9:00 am Walking Video 1:00 pm Bridge 2:00 pm Bunco/LCR  <b>11:00 am - 2:00 pm Lunch Bunch @ Creekside</b></p>	<p>10</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre  <b>9:00 am - 4:00 pm Parma Ethnic Food Tour</b></p>	<p>11</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg  <b>8:00 am - 3:00 pm Trolley Tour of Cleveland</b></p>	<p>12</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 Poker 1:45 pm Chair Volleyball @Laurel Lake  <b>5:30—10:30 pm Packard Music Hall - The New York Tenors</b></p>	<p>13</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg  <b>10:15 am - 4:15 pm Divas of the 70's @ Carrie Cerino's</b></p>
<p>16</p> <p>9:00 am Walking Video 1:00 pm Bridge 2:00 pm Bunco/LCR  <b>12:00 pm Lunch &amp; Learn - Wellness Senses</b></p>	<p>17</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>18</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg  <b>10:00 am - 4:00 pm Antiques &amp; Uniques</b></p>	<p>19</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 Poker</p>	<p>20</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg  <b>9:00 am - 3:30 pm Stone Garden Farm &amp; Village</b></p>
<p>23</p> <p>9:00 am Walking Video 1:00 pm Bridge 2:00 pm Bunco/LCR  <b>12:00 pm Birthday Potluck &amp; Bingo</b>  <b>2:00—4:00 pm Flu Shot Clinic</b></p>	<p>24</p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>25</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg  <b>8:45 am - 5:45 pm Amish Harvest Trip</b></p>	<p>26</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 Poker</p>	<p>27</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg  <b>9:00 am - 3:00 pm Magnificent Mums in Barberton</b></p>
<p>30</p> <p>9:00 am Walking Video 1:00 pm Bridge 2:00 pm Bunco/LCR  <b>9:00 am - 4:00 pm Jack's Casino n Cleveland</b></p>				

# Senior Activities October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>1</b></p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p><b>2</b></p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p><b>9:00 am - 4:00 pm First Ladies' Library &amp; Victorian Lady Tea Room</b></p>	<p><b>3</b></p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 pm Poker</p>	<p><b>4</b></p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p><b>9:30 am - 3:30 pm Ohio Mart @ Stan Hywet</b></p>
<p><b>7</b></p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p> <p><b>11:00 am - 2:00 pm Lunch Bunch@ Cheesecake Factory</b></p>	<p><b>8</b></p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p><b>9</b></p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p><b>12:00 pm Lunch &amp; Learn sponsored by Liberty Ford</b></p>	<p><b>10</b></p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 pm Poker</p> <p><b>10:30 am - 4:30 pm Mapleside Farm</b></p>	<p><b>11</b></p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p><b>9:00 am - 1:00 pm Cleveland Orchestra—Bach and Brahms</b></p>
<p><b>14</b></p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p> <p><b>8:30 am - 4:00 pm Metropark Tour</b></p>	<p><b>15</b></p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p><b>16</b></p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p><b>10:00 am Meet the Council Candidates</b></p>	<p><b>17</b></p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 pm Poker</p> <p><b>9:00 am - 5:00 pm Cleveland Treasures</b></p>	<p><b>18</b></p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p><b>8:30 am - 5:00 pm Progressive Wine Tour</b></p>
<p><b>21</b></p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p> <p><b>9:00 am - 4:00 pm Middlefield Amish Trip</b></p>	<p><b>22</b></p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p> <p><b>5:30 - 10:30 pm Packard Music Hall - Four By Four</b></p>	<p><b>23</b></p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p>	<p><b>24</b></p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 Poker</p> <p><b>9:00 am - 4:00 pm Cuyahoga Valley Train Ride</b></p>	<p><b>25</b></p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p><b>9:00 am - 4:00 pm Cuyahoga Valley Train Ride</b></p>
<p><b>28</b></p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p> <p><b>9:00 am - 4:00 pm Covered Bridge Tour</b></p>	<p><b>29</b></p> <p>9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 am Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p><b>30</b></p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p><b>12:00 pm Halloween Party</b></p>	<p><b>31</b></p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:00 Poker</p>	