

Senior Activities July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p> <p>12:00 Red, White, Blue Lunch & Music on Patio</p>	<p>2</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise</p>	<p>3</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p>	<p>4</p> <p>Walker Building Closed</p>  <p>Happy 4th of July!</p>	<p>5</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p>
<p>8</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p> <p>2:00 pm Bingo & Root Beer Floats</p>	<p>9</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>10</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p>8:00 am – 5:00 pm Trip to Dennison</p>	<p>11</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:45 pm Chair Volleyball @Laurel Lake</p> <p>5:45 – 11:00 pm Palace Theatre Come From Away</p>	<p>12</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p>
<p>15</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p>	<p>16</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise</p>	<p>17</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p>	<p>18</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise</p> <p>9:45 am – 3:00 pm Lake Captains Game</p>	<p>19</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p>
<p>22</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p> <p>11:00 am – 2:00pm Lunch Bunch Sainato's at Rivergate</p>	<p>23</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre</p>	<p>24</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p>12:00 pm Lunch & Music on the Patio</p>	<p>25</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise</p> <p>5:45 – 11:00 pm Rabbit Run Theatre Momma Mia</p>	<p>26</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p> <p>8:00 am – 5:00 pm Mansfield Trip</p>
<p>29</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p>	<p>30</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 am Arthritis Foundation Exercise 1:00 pm Euchre</p> <p>5:30 – 11:00 pm Cleveland Indians vs Chicago Red Sox</p>	<p>31</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p> <p>8:15 am - 11:00 pm Trip to Zoar Village</p>		

Senior Activities August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:45 pm Chair Volleyball @Laurel Lake</p>	<p>2</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg 9:00 am - 4:00 pm Pontoon Boat Ride</p>
<p>5</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p>	<p>6</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre 5:00 - 11:00 pm Cleveland Indians Fanfare Bus</p>	<p>7</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg 8:00 am – 6:30 pm Put n Bay</p>	<p>8</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 1:45 pm Chair Volleyball @Laurel Lake</p>	<p>9</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg 11:00 am - 4:00 pm Corner Field Model Railroad Museum</p>
<p>12</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR 5:30 - 11:00 pm Cleveland Indians vs Chicago Red Sox</p>	<p>13</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise</p>	<p>14</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p>	<p>15</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise</p>	<p>16</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg 8:00 am - 5:00 pm Alliance Trip</p>
<p>19</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR 8:30 am – 4:30pm Fairport Harbor</p>	<p>20</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 pm Arthritis Foundation Exercise 1:00 pm Euchre 11:00 am - 2:00 pm Lunch Bunch - Rose Italian Kitchen</p>	<p>21</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg</p>	<p>22</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise</p>	<p>23</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg 8</p>
<p>26</p> <p>9:00 am Walking Video 2:00 pm Bridge 2:00 pm Bunco/LCR</p>	<p>27</p> <p>9:30 am Blood Pressure 9:30 am Chair Volleyball 10:30 am Bingo 11:30 am Cards/Games 12:00 pm Poker 12:15 am Arthritis Foundation Exercise 1:00 pm Euchre 6:00 - 11:00 pm Palace Theatre - Lion King</p>	<p>28</p> <p>9:00 am Walking Video 9:30 am Water Color 1:00 pm Mahjongg 12:00 pm Lunch & Music on the Patio 6:00 - 11:00 pm Palace Theatre - Lion King</p>	<p>29</p> <p>9:00 am Tai Chi 10:30 am Dulcimer 12:30 pm Arthritis Foundation Exercise 3:30 - 11:00 pm Rabbit Run Theatre - My Way, Frank Sinatra Tribute</p>	<p>30</p> <p>9:00 am Walking Video 10:0 am Gentle Yoga 1:00pm Mahjongg</p>